## **C3 Curcumin Complex**

3 Bioactive Curcuminoids





C3 Curcumin Complex features a blend of three powerful curcuminoids: curcumin, bisdemethoxycurcumin (BMC), and demethoxycurcumin (DMC). Curcuminoids are bioactive phytochemicals derived from turmeric (Curcuma longa), a plant used both to promote health and as a spice in food.

Curcuminoids have been extensively researched for their potential to support human health. One of the most researched and proven benefits of curcuminoids is their ability to support a healthy inflammatory process.\*

Additionally, the turmeric-derived compounds have been shown to support cellular function and certain signaling pathways related to neurological health.\* Curcumin has been shown to exhibit a wide range of actions to support cellular health, cardiovascular function, healthy metabolism, and a healthy response to inflammation and oxidative stress.\*

## **Benefits\***

- Supports a healthy inflammatory response
- Healthy cell function support
- Supports healthy metabolism
- Cardiovascular support
- Supports a healthy response to oxidative stress
- Neurological support

## Recommended Use

Take 1 capsule per day or as directed by your health-care practitioner.

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## **Highlights**

- Provides 400 mg of curcuminoid powder per 1-capsule serving
- Features a blend of three powerful curcuminoids: curcumin, bisdemethoxycurcumin, and demethoxycurcumin
- Curcuminoids may support cellular health and a healthy response to inflammation and oxidative stress\*
- Gluten-free, dairy-free, and soy-free
- Non-GMO

**ZPTED C3C 10/22**