

Carnitine Synergy™

400 mg L-Carnitine + 100 mg Acetyl-L-Carnitine



CARDIOVASCULAR HEALTH



Carnitine Synergy™ features two forms of the conditionally essential molecule of carnitine to support mitochondrial function and energy production.* Carnitine is required to bring long-chain fatty acids into the mitochondria for beta-oxidation (the process of converting fats into cellular energy). Carnitine Synergy™ uniquely combines L-carnitine and its acetylated form into each capsule in a 4:1 ratio to support fatty acid metabolism and metabolic health.*

Carnitine has key roles in energy production, especially in using fats as an energy source. May also promote cellular health by preventing the accumulation of long-chain fatty acids in cells, which may cause damage. Carnitine may also support healthy glucose metabolism.* Carnitine levels may be impacted by metabolism, certain medications, liver function, excretion rates or aging. Acetyl-L-carnitine is one of the most common metabolites of carnitine, and it can cross into the mitochondrial membrane to support energy production.* Acetyl-L-carnitine may also support mitochondrial function and brain health.*

Benefits*

- Supports mitochondrial function
- Promotes fatty acid metabolism
- Supports energy production
- Promotes brain health
- Supports heart health

Highlights

- 400 mg of L-carnitine (from L-carnitine tartrate) to promote normal cellular energy production*
- 100 mg of acetyl-L-carnitine to support overall health, including specific support for the brain*

Recommended Use

Take 1 capsule per day before meals or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.