

# Complete Mineral Complex

Chelated Mineral Complex Formula



FOUNDATIONAL HEALTH



Complete Mineral Complex is an iron-free formula containing mineral forms ideal for optimal absorption and utilization. This product acts as a daily maintenance supplement to help support proper mineral status.\* It can also be used as a targeted mineral replenishment in cases of known deficiencies or after medical treatments that may deplete mineral status.\*

Minerals act as enzyme cofactors in biochemical reactions and physiological processes throughout the body. There are virtually no systems of the body that function optimally without an adequate supply of essential minerals. Mineral insufficiency or depletion may result from a poor diet, certain medications (such as diuretics), heavy metal chelation therapy, and malabsorption issues.

Complete Mineral Complex provides essential minerals and trace minerals to support the mineral status and overall health of the body.\* The minerals are provided in their chelated form to enhance bioavailability and absorption. Chelation is the process in which an inorganic compound, such as minerals in their natural state, binds with organic compounds. Minerals must be chelated to be absorbed and used by the body.

## Benefits\*

- Supports overall mineral status in the body
- May help support repletion of essential minerals
- Promotes normal enzyme function

## Recommended Use

Take 3 capsules per day or as directed by your health-care practitioner.

## Highlights

- Chelated minerals for enhanced absorption and bioavailability and to reduce gastrointestinal complaints
- 1:1 calcium-to-magnesium ratio for flexibility to fit personalized protocols based on need
- Iron-free to support individual requirements

ZPTED CMI 08/21

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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