

D-Ribose

Supports ATP Production*



CARDIOVASCULAR HEALTH†



D-ribose is a simple carbohydrate that acts as a building block for many essential molecules in the human body. D-ribose also helps to produce adenosine triphosphate (ATP), the primary source of energy used by all cells to maintain normal health and function. Designs For Health's D-ribose is available in a convenient powder delivery and may support healthy energy levels, cardiovascular health, and athletic performance.*

Every cell in the human body requires ATP for energy production. ATP levels in skeletal muscle can become severely depleted during and after certain types of exercise. Studies indicate that D-ribose may support recovery after high-intensity exercise.*

The maintenance of ATP levels is also important for cardiovascular health. D-ribose has been shown in studies to support ATP recovery and function related to cardiac health.*

D-ribose synthesizes adenine nucleotides, which are required by cardiac muscle and other tissue to make ATP. D-ribose is ideal for athletes and individuals seeking cardiovascular health and energy support.*

Benefits*

- Supports healthy energy levels
- Promotes athletic performance
- Promotes cardiovascular health
- Supports recovery from intense exercise
- Supports healthy cardiac cellular function

Highlights

- Provides 5 grams of D-ribose per serving
- Convenient powder delivery
- Unflavored for optimal mixing with liquids
- Gluten-free, dairy-free, and soy-free
- Non-GMO
- Suitable for vegetarians and vegans

Recommended Use

Take 5 grams (approximately one scoop) per day or as directed by your health-care practitioner.

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.