

NEW

Hydration Packs

Recharge with advanced cellular hydration*

Achieving cellular hydration is crucial for optimal performance and recovery, and water alone isn't enough. Replenishing with electrolytes lost through sweat is essential. Hydration Packs offer a balanced 1:1 potassium to sodium ratio to enhance muscle function, along with D-ribose and Vitamin C for muscle recovery.* This zero-sugar, low-carb powder provides twice the electrolytes of the leading brand†† (nine times more than the leading sports drink)‡ and comes in convenient stick packs for easy mixing on the go.

444% OF YOUR DAILY RECOMMENDED VITAMIN C

14 SERVINGS PER BOX

GREAT-TASTING CLEMENTINE FLAVOR

SUPPLEMENT FACTS

Serving Size 1 Stick Pack (8 g)
14 Servings per Container

Amount Per Serving	% Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%**
Vitamin C (as Ascorbic Acid)	400 mg	444%
Magnesium	100 mg	24%
(as TRAACS® Magnesium Bisglycinate Chelate Taste-Free)		
Zinc (as Zinc Bisglycinate Chelate)	5 mg	45%
Chloride (as Sodium Chloride)	840 mg	36%
Sodium (as Sodium Chloride)	500 mg	22%
Potassium	500 mg	11%
(as Potassium Bicarbonate, Potassium Glycinate Complex)		
D-Ribose	1 g	*

**Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Natural flavor, citric acid, PhytoSweet® blend (rebaudioside M, steviol glycosides [from *Stevia rebaudiana* leaf]), luo han guo extract (fruit), silicon dioxide.



CONVENIENT, ON-THE-GO SINGLE SERVING PACKS



2X THE ELECTROLYTES OF THE LEADING POWDER BRAND††



ZERO SUGAR HYDRATION, SWEETENED WITH STEVIA AND MONK FRUIT



1:1 SODIUM TO POTASSIUM RATIO FOR BALANCED ELECTROLYTE REPLACEMENT



EXCELLENT SOURCE OF ELECTROLYTES



INCREASED BIOAVAILABILITY OF MAGNESIUM AND ZINC WITH THE BISGLYCINATE FORM



DELIVERS 9X THE ELECTROLYTES OF THE LEADING SPORTS DRINK‡



SUPPORTS ATHLETIC PERFORMANCE*

Why supplement with Hydration Packs?

Compare supplement facts to the leading brands

Vitamin C

Promotes antioxidant status and muscle function during and post-exercise*

Sodium, potassium, magnesium, and chloride

Balanced sodium to potassium ratio and full-spectrum electrolytes promote advanced hydration*

Zinc

Supports athletic performance*

D-Ribose

Supports energy production and exercise recovery*

††Total electrolytes per serving vs Liquid I.V. Hydration Multiplier Powder Packets, the leading brand per Stackline sales data September 2023

‡Total electrolytes per serving vs Gatorade Classic 12 fl oz as of September 2023

ELPHYD-DS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.