

IonicMag™ 500

Highly bioavailable liquid ionic magnesium

IonicMag™ 500 is a highly bioavailable liquid ionic magnesium concentrate that delivers 500 mg magnesium per serving, along with a full spectrum of other trace and ultra-trace elements. This formula combines ionically-charged trace minerals that have been extracted from Western North America's Great Salt Lake, the world's oldest inland sea. IonicMag™ 500 is provided in a highly-concentrated, unique liquid delivery method designed to be mixed in water, allowing for easy absorption and utilization by the body.

Magnesium is an essential mineral that assists in over 300 biochemical reactions in the body. It is the second most abundant mineral inside cells, where it participates in converting food (especially carbohydrates) to energy. Over 60 percent of the body's magnesium is stored in the skeleton, and the remaining portion is primarily housed in the muscles. It is crucial for energy production, bone and muscle health, physical strength and mobility, neurological health, and metabolism.*

The Importance of Ionic Minerals

Ionic minerals – the form most widely recognized by the body – are unstable elements with specific positive or negative charges that readily bond with water (i.e., electrolytes) in order for the body to move these nutrients to tissues and organs that need them for various vital functions. Electrical and chemical processes are constantly occurring within the body, which can only function correctly with a steady supply and proper balance of minerals.

Unique Sourcing & Delivery Method

Depletion of mineral concentrations in the soil due to erosion and contamination (from aggressive farming practices, heavy metals, pesticides, and synthetic fertilizers), along with the refining process of foods may predispose individuals to suboptimal levels of micronutrients. Much of these trace minerals and elements have been washed into the oceans and seas, where they are found in the same proportions as the human body. As the world's oldest inland sea and a remnant of the last great Ice Age, the Great Salt Lake of Utah has been collecting and concentrating trace minerals and elements for millennia from the Rocky Mountains, resulting in ionic minerals and trace elements that are 8-10 times more concentrated than regular seawater.

In order for the small intestine to fully absorb the minerals, they must be in their naturally ionized form. The minerals in IonicMag™ 500 are in perfect balance and ideal for absorption, while the liquid delivery method further enhances absorption and assimilation within the body's cells. Innovative solar evaporation technology is used to manufacture the trace minerals in IonicMag™ 500 without the use of chemicals or dyes, resulting in a highly-concentrated natural ionic mineral blend.

Recommended Use:

Mix 5 mL (approx. 1 teaspoon) with 16 ounces of water per day, or as directed by your health care practitioner. Can increase or decrease the amount of water for desired concentration and taste.

Note: Crystallization may occur due to the high concentration level.

IonicMag™500 helps support*:

- Energy production
- Metabolism
- Bone health
- Muscle function
- Relaxation
- Neurological health
- Normal blood sugar levels
- Kidney health
- Heart health
- Blood vessel function



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.