

Monolaurin-Avail™

Monolaurin and Vitamin C



IMMUNE HEALTH*



Designs for Health's Monolaurin-Avail™ is an encapsulated formula of monolaurin (as glycerol monolaurate) to support immune health and promote healthy microbial environments and inflammatory responses.* Monolaurin-Avail™ contains vitamin C for added immune support and sunflower lecithin to enhance the absorption of monolaurin.*

Coconut oil contains beneficial fats, including medium-chain fatty acids.* Among these medium-chain fatty acids is a unique type called lauric acid. When lauric acid is in the form of the monolaurin-one molecule of lauric acid joined to a glycerol molecule, it helps support the body's normal immune responses.* Monolaurin is also found naturally within breast milk; it is believed to be one of the main immune-supportive compounds of breast milk.*

Monolaurin has demonstrated greater immune-supporting activity than lauric acid.* However, humans may only acquire small amounts of monolaurin from lauric acid in the diet.* As a result, monolaurin supplementation may be helpful for individuals seeking additional support of gut health or gut microbial balance.* A special attribute of monolaurin is that it has not been shown to negatively affect the presence of beneficial organisms in the gut (the "good bacteria") that are essential for overall health.*

Benefits*

- Promotes healthy microbial environments
- Promotes healthy inflammatory responses
- Supports immune health

Recommended Use

Take 2 capsules per day with a meal or as directed by your health-care practitioner.

Highlights

- Features 1 g of monolaurin (as glycerol monolaurate) per 2-capsule serving
- Provides 170 mg of vitamin C (as ascorbic acid) per 2-capsule serving
- Gluten-free, dairy-free, soy-free
- Non-GMO

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.