ntealth*

MyoStim[™]

Supports Healthy Body Composition and Muscle Metabolism*

MYOSTM | 14 – 0.52 oz (15 g) Stick Packs

MyoStim[™] offers a complete suite of muscle-supportive nutrients formulated to help preserve lean muscle tissue, stimulate muscle growth, and promote healthy aging in a delicious clementine-flavored, easy-to-mix powder.* This comprehensive formula features synergistic ingredients to help mitigate the effects of age-related muscle loss and support lean body composition.*

\bigotimes healthy aging*



Supports healthy aging*



Supports healthy body composition*



Promotes overall bone health*



May help preserve muscle mass and strength in aging adults*



May help attenuate muscle protein breakdown in athletes*



Helps support lean body mass in individuals unable to perform regular resistance training*

Supplement Facts

Serving Size 1 stick pack (15 g) Servings Per Container 14

Calories 35 Total Carbohydrate 3 g 1%** Protein 5 g 0%** Vitamin D (as Cholecalciferol) 25 mcg (1000 IU) 125% Calcium 290 mg 22% Collagen Peptides 5 g * Creatine Monohydrate 3 g * Calcium β-Hydroxy-β-MethylButyrate 2 g *	<u> </u>		
Total Carbohydrate 3 g 1%** Protein 5 g 0%** Vitamin D (as Cholecalciferol) 25 mcg (1000 IU) 125% Calcium 290 mg 22% Collagen Peptides 5 g * Creatine Monohydrate 3 g * Calcium β-Hydroxy-β-MethylButyrate 2 g * Monohydrate (myHMB*) 150 mg *	Amount Per Serving	% Daily	Value
Protein 5 g 0%*** Vitamin D (as Cholecalciferol) 25 mcg (1000 IU) 125% Calcium 290 mg 22% Collagen Peptides 5 g * Creatine Monohydrate 3 g * Calcium β-Hydroxy-β-MethylButyrate 2 g * Monohydrate (myHMB*) 1 1 L-Leucine 1 g * Trans-Geranylgeraniol (GG-Gold*) 150 mg *	Calories	35	
Vitamin D (as Cholecalciferol) 25 mcg (1000 IU) 125% Calcium 290 mg 22% Collagen Peptides 5 g * Creatine Monohydrate 3 g * Calcium β-Hydroxy-β-MethylButyrate 2 g * Monohydrate (myHMB*) - 1 g * I-Leucine 1 g * Trans-Geranylgeraniol (GG-Gold*) 150 mg *	Total Carbohydrate	3 g	1%**
Calcium 290 mg 22% Collagen Peptides 5 g * Creatine Monohydrate 3 g * Calcium β-Hydroxy-β-MethylButyrate 2 g * Monohydrate (myHMB*) * * L-Leucine 1 g * Trans-Geranylgeraniol (GG-Gold*) 150 mg *	Protein	5 g	0%**
Collagen Peptides 5 g Creatine Monohydrate 3 g Calcium β-Hydroxy-β-MethylButyrate 2 g Monohydrate (myHMB*) 1 L-Leucine 1 g Trans-Geranylgeraniol (GG-Gold*) 150 mg	Vitamin D (as Cholecalciferol) 25 mg	cg (1000 IU)	125%
Creatine Monohydrate 3 g Calcium β-Hydroxy-β-MethylButyrate 2 g Monohydrate (myHMB*) 1 L-Leucine 1 g Trans-Geranylgeraniol (GG-Gold*) 150 mg	Calcium	290 mg	22%
Calcium β-Hydroxy-β-MethylButyrate 2 g * Monohydrate (myHMB*) L-Leucine 1 g * Trans-Geranylgeraniol (GG-Gold*) 150 mg *	Collagen Peptides	5 g	*
Calcium Js-Hydroxy-Js-Methylibutyrate 2 g Monohydrate (myHMB®) L-Leucine 1 g Trans-Geranylgeraniol (GG-Gold®) 150 mg	Creatine Monohydrate	3 g	*
L-Leucine 1 g * c Trans-Geranylgeraniol (GG-Gold®) 150 mg * c	Calcium β-Hydroxy-β-MethylButyrate	2 g	*
Trans-Geranylgeraniol (GG-Gold®) 150 mg	Monohydrate (myHMB [®])		
Irans-Geranyigeranioi (GG-Gold®) ISU mg 👘	L-Leucine	1 g	*
[from annatto (<i>Bixa orellana</i>)(seed)]	Trans-Geranylgeraniol (GG-Gold®)	150 mg	*
	[from annatto (<i>Bixa orellana</i>)(seed)]		
**Percent Daily Values are based on a 2,000 calorie diet.	**Percent Daily Values are based on a 2 ()00 calorie di	et

*Daily Value not established. **Other Ingredients:** Natural flavor, citric acid, β-carotene

(color), partially hydrolyzed guar gum, PhytoSweet" blend (rebaudioside M, steviol glycosides [from *Stevia rebaudiana* leaf]), luo han guo extract.

Recommended Use: Mix 1 stick pack (15 g) in 8 oz of water per day or as directed by your health-care practitioner.

Warning: Pregnant or lactating women should not take HMB, as safety studies have not been conducted yet for these populations.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.



Compare supplement facts to the leading brands

- Protein promotes maintenance and preservation of muscle mass*
- Vitamin D3 and calcium support strong and healthy bones*
- **Collagen peptides –** grass-fed collagen supports healthy connective tissue like skin, bones, muscles, and joints*
- Creatine monohydrate helps with exercise performance, muscle growth, and preservation of lean muscle mass as we age*
- **MyHMB**[®] a unique ingredient that promotes muscle mass throughout the aging process*
- L-leucine required in adequate amounts for muscle protein synthesis*
- GG-Gold[®] a key nutrient for building skeletal muscle protein*
- Delicious clementine flavor sweetened with a stevia blend and 0 g of sugar, with no artificial flavors or sweeteners
- Convenient, travel-friendly stick packs that easily mix in water or your favorite beverage

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GG-Gold* is a registered trademark of American River Nutrition, LLC and patent protected, including pending and issued patents (U.S. Patent #7,989,006). Nutritional uses of HMB are licensed to Designs for Health Inc. under U.S. Patent #8,815,280, #9,259,430, #9,539,224, #9,707,241, #9,770,424, and #10,201,551. Designs for Health and logo are trademarks of Designs for Health, Inc. © 2024 Designs for Health, Inc. All rights reserved. | ZPTED MYO | 02/2024

