

# OmegAvail™ Ultra with D3, K1 and K2

*High potency omega-3s with added vitamins D3, K1 and K2*

OmegAvail™ Ultra with D3, K1 and K2 is a novel fish oil product containing high potency omega-3s oils along with the enhanced benefit of the fat-soluble vitamins D and K. The enzyme lipase is included to support digestion and absorption.\*

## Omega-3s for General Health

Omega-3 fats are essential to maintain optimal health, but because of industrialized farming practices and modern food processing technology, the American diet is very low in these important fats. The best sources of omega-3 fats are cold water fish like salmon, sardines, and mackerel. Since most people do not consume cold water fish regularly, supplementation is highly beneficial to help support cardiovascular, immune, and mental health, lubricated joints, and hydrated skin and hair.\*

## OmegAvail™ Ultra with D3, K1 and K2 contains the omega-3 fatty acids EPA & DHA:

- **Eicosapentaenoic acid (EPA)** – beneficial for supporting a healthy brain, stable emotions, skin health, maintaining normal cholesterol levels and a balanced immune response\*
- **Docosahexaenoic acid (DHA)** – supports proper brain development and function, visual acuity, maintenance of normal lipid levels and blood pressure, eye development and a healthy pregnancy in expectant moms\*

**Potency** – the TruTG™ advantage: OmegAvail™ Ultra with D3, K1 and K2 contains fish oils in the triglyceride (TG) form –the same way they naturally occur in fish. Most mass-marketed and lower-priced fish oil supplements come in the ethyl ester (EE) form. These are less expensive and more convenient to produce, but they are not as readily recognized, digested, and assimilated as the TG form. This TruTG™ advantage is especially effective at promoting healthy omega-3 levels in the body.

**Purity:** OmegAvail™ Ultra with D3, K1 and K2 also includes mixed tocopherols, which protect these fragile oils from oxidation and rancidity. Additionally, these fish oils are molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs, and other contaminants.

## Added Benefits of Vitamins D3, K1 and K2

Many of the health benefits of omega-3 fats can be enhanced with vitamins D3, K1 and K2 – vitamins which target the same systems as omega-3 fats. Many individuals are lacking these vitamins, so adding them to fish oil would ensure they are being supplied and utilized.

**Recommended Use:** As a dietary supplement, take two softgels per day with meals, or as directed by your health care practitioner.

### OmegAvail™ Ultra with D3, K1 and K2 may be beneficial for\*:

- Cardiovascular health
- Healthy joints, skin, and hair
- Good mental health and balanced moods
- Maintaining strong bones
- Immune support



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).