

Paleo Bar™

Chocolate Paleo Bar with Bone Broth Protein



FOUNDATIONAL HEALTH



The Paleo Bar™ is a great-tasting, chocolate-flavored nutritional bar that features a true Paleo profile. It offers 10 grams of protein, 8 grams of fiber, 13 g of quality fats, and only 8 g of net carbs per bar. Paleo Bar™ has a unique protein blend of bone broth protein isolate, hemp protein, and pumpkin seed protein. With a total of 210 calories, the Paleo Bar™ is a perfect choice for pre- or post-workout nourishment or between-meal snack.

The protein blend in Paleo Bar™ uniquely combines bone broth isolate, hemp protein, and pumpkin seed protein, ideal for individuals following a Paleo-style or ancestral diet. It features HydroBEEF™, the highest quality Swedish bovine bone broth isolate comprised of 70% collagen. Adequate protein consumption supports the formation of collagen, which is the primary structural component of connective tissue.

The main sweetener in Paleo Bar™ is allulose, a rare sugar found naturally in figs, raisins, jackfruit, and maple syrup. Humans lack the enzymes to digest allulose, so it is largely excreted, but without the unpleasant GI effects associated with certain sugar alcohols. Allulose is an ideal sweetener for those on ketogenic or reduced-carbohydrate diets. The U.S. Food and Drug Administration (FDA) recognizes that allulose has a chemical structure similar to other sugars; however, since it is not metabolized by the body in the same way as most sugars, it does not contribute to the same number of calories. In fact, it has just one-tenth the calories of sucrose (table sugar) — only 0.4 calories per gram! Allulose is an ideal sweetener for anyone looking to minimize sugar intake, as it has a minimal impact on blood glucose when consumed in reasonable amounts.

Benefits

- True Paleo profile, with an ideal protein source for paleo-style and ancestral diets
- Improved tolerability that is free from gluten, dairy, tree nuts, and soy
- Low glycemic sweetener for minimal impact on blood glucose levels when consumed in reasonable amounts
- Promotes satiety

Recommended Use

Paleo Bar™ is ideal to consume as a between-meal snack or as pre- or post-workout nourishment.

HydroBEEF™ is a trademark of Essentia Protein Solutions.

Highlights

- 10 g of unique Paleo protein per bar
- Delicious chocolate-flavored nutritional bar
- Features HydroBEEF™ bone broth protein isolate
- Good source of protein providing 10 grams per serving
- Features allulose, a low glycemic sweetener
- Free from fructose, sucrose, or artificial sweeteners
- Yields only 8 g of net carbs per serving

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To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at www.designsforhealth.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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