



# PerioPull™

Oral and Periodontal Health Formula with MCT Oil, GG, and CoQ10



ORAL HEALTH



PerioPull™ is uniquely designed to help support oral and periodontal health. It features medium-chain triglycerides (MCTs) from coconut oil, and it also contains geranylgeraniol (GG), bromelain, and coenzyme Q10 (CoQ10) to help support oral wellness.

Oil pulling is a traditional Ayurvedic practice that has been shown in recent research to help promote oral health. It is a practice that involves the swishing of 1 teaspoon (approximately 5 mL) of oil in the mouth for a minimum of 5 minutes or as directed by your health-care practitioner.

MCTs, CoQ10, and other ingredients in PerioPull™ have been shown to help support a healthy oral microbial balance and overall periodontal health. They may also help support cleanliness and long-lasting fresh breath.

In conjunction with a normal brushing and flossing routine, PerioPull™ may help support oral hygiene and periodontal health when used as recommended. This formula is free of BPAs, parabens, synthetic colors, gluten, sulfates, and synthetic sweeteners.

## Benefits

- Promotes gum health
- Supports healthy teeth
- Promotes oral microbial balance

## Recommended Use

After a normal brushing routine, swish 1 teaspoon (approximately 5 mL) of oil in mouth for a minimum of 5 minutes or as directed by your health-care practitioner. Spit out the oil. For maximum benefits, do not rinse to allow for longer contact of the ingredients to the teeth and gums.

**Shake Well. Do not ingest. This product should be used in addition to a normal brushing and flossing routine.**

**Warning:** If accidentally swallowed, upset stomach may occur.

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## Highlights

- Features MCT oil to promote periodontal health and oral microbial balance
- Includes bromelain to help support oral cleanliness and dental health
- CoQ10 is added to help support gum health
- Two pleasant-tasting flavor options: spearmint or lemon for long-lasting fresh breath
- Gluten-free, dairy-free, and soy-free
- Non-GMO

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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