

# PhytoBiome™

Supports Akkermansia and Other Keystone Species\*



GASTROINTESTINAL HEALTH†



PhytoBiome™ is a unique blend of a variety of fruit and vegetable extracts featuring polyphenols that promote healthy diversity in the gut microbiome.\* Polyphenols are bioactive compounds found in plant-based foods that may have health-promoting properties. Polyphenols can exert prebiotic-like effects to help support a balanced microbiome.\* The polyphenols are consumed and processed by our gut bacteria, which provide beneficial compounds to help promote the growth of healthy gut bacteria and maintain a healthy microbial balance.\* The gut microbiome is a complex ecosystem with many beneficial effects on health.

Diet is one of the major influences on the composition and balance of the gut microbiota. An estimated 90% to 95% of polyphenols are not absorbed in the small intestine, making them available for consumption by the bacteria in the gut. Increased consumption of these compounds may promote the growth of more friendly bacteria, promoting a diverse and healthy gut microbiome.\* These compounds may also support the integrity of the inner lining of the intestinal tract or protective gut barrier.\* They may further support a person's antioxidant status and promote a healthy inflammatory response.\*

## Benefits\*

- Promotes healthy diversity in the gut microbiome
- Promotes healthy microbial balance
- Supports a healthy gut barrier

## Recommended Use

Take 3 capsules per day or as directed by your health-care practitioner.

DeltaGold® is a registered trademark of American River Nutrition, LLC and protected by US Patent 8,586,109.

Exocyan™ is a trademark of Nexira.

Pomma+® is a registered trademark of Hawkins, Inc.

Vinia® is a registered trademark of BioHarvest, Ltd.

TrueBroc® is a registered trademark of Brassica Protection Products LLC.

## Highlights

- Provides 200 mg per serving of each of the following: wild blueberry blend, cranberry extract (as Exocyan™), pomegranate polyphenol extract (as Pomma+®), and quercetin to promote the growth of beneficial bacteria in the gut and support antioxidant status\*
- Contains 100 mg per serving of each of the following: TrueBroc® broccoli seed extract, mustard seed powder, Vinia® red grape powder, and DeltaGold® delta- and gamma-tocotrienols to support microbial diversity and to promote a healthy inflammatory response\*

To contact Designs for Health, please call us at (860) 623-6314, or visit us on the web at [www.designsforhealth.com](http://www.designsforhealth.com).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.