

# Taurine + Glycine Powder

Amino Acids for Healthy Aging\*

TAUPDR | 8.8 oz (250 g) powder

Unlock the potential for vibrant, healthy aging with Taurine + Glycine Powder, a unique formula that harnesses the power of these two crucial amino acids.\* While our bodies can naturally produce taurine and glycine from other amino acids, the demands of aging and certain dietary patterns can leave us deficient. This concentrated blend is carefully crafted to bridge that gap, ensuring optimal intake to support important biological functions.\* Whether you are struggling with low protein intake, following a vegetarian or vegan lifestyle, or simply seeking extra support to age gracefully, Taurine + Glycine Powder is your ally in the journey towards thriving and sustained health and vitality.\*



## HEALTHY AGING\*



May promote healthspan\*



Supports antioxidant status and healthy inflammatory responses\*



Supports healthy blood pressure\*



Supports normal skeletal muscle function\*



Supports cardiovascular and metabolic health\*



Supports restful sleep\*

## JUST THE FACTS:

Compare supplement facts to the leading brands

Supplement Facts	
Serving Size 5 grams (approx. one scoop)	
Servings Per Container 50	
Amount Per Serving	% Daily Value
Taurine	3 g *
Glycine	2 g *
*Daily Value not established.	

**Recommended Use:** Take 5 grams (approx. one scoop) with water or any other beverage per day, or as directed by your health-care practitioner.

Consult with your health-care practitioner about your specific circumstances and any questions you may have.

- **Taurine** — A key nutrient to support healthy aging.\* Promotes cardiovascular, metabolic, and cellular health and may help maintain normal blood pressure.\* Also promotes antioxidant status and a healthy inflammatory response.\*
- **Glycine** — Required for the production of glutathione, the body's most powerful antioxidant.\* Needed for healthy connective tissues like skin, hair, bones, muscles, and joints as we age.\* May promote more restful sleep, in addition to supporting clear-mindedness.\*
- **Convenient powder delivery** — Easy to mix into water or your favorite beverage.
- **Unflavored** — Neutral taste with no added sweeteners or "other" ingredients.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.