

# Ultimate Antiox Full Spectrum

*Synergistic blend of antioxidant-rich vitamins, herbs & botanical extracts*

Ultimate Antiox Full Spectrum is a unique antioxidant formula derived from a combination of some of nature's most powerful herbs and spices, along with other classic and novel antioxidant compounds, to help the body properly combat cellular stress.\* These ingredients were specifically selected for their protective ability to maintain the function and integrity of both water-based and lipid-based body structures and compounds – including cell membranes (protective outer layer of cells), LDL cholesterol, proteins, and enzymes – against oxidative stress from free radicals. When these body tissues and compounds become damaged, they lose their ability to perform their biochemical functions properly.

## What is oxidative stress?

Oxidative stress is damage that affects the body at a cellular level and is associated with suboptimal health and accelerated aging. Some degree of oxidative stress is unavoidable. We experience normal levels of oxidative damage from everyday physiological processes; however, certain situations such as chronic over-exercising, diets high in refined sugars and unstable fats, exposure to toxic substances, and the consumption of foods we're sensitive to can overwhelm our bodies. Antioxidants are nutrients such as vitamins, minerals, and other naturally occurring compounds that help protect our cells from oxidative stress and work to support optimal health.\*

## Highlights

- **Vitamin A (from mixed carotenoids)** – Carotenoids have potent antioxidative properties; mixed carotenoids have been shown to contribute to greater free radical scavenging ability compared with single carotenoids.\*
- **Vitamin C (from acerola extract)** – Acerola fruit is one of the richest natural sources of vitamin C, and contains a variety of potent phytonutrients which are known to combat oxidative stress and support a healthy inflammatory response. Vitamin C is a potent neutralizer of free radicals and helps recycle other antioxidant compounds.\*
- **Vitamin E Isomers** – provided as tocotrienols, which are more powerful antioxidants than the tocopherol forms of vitamin E typically found in supplements. They are well suited to protect the lipids within the cell membranes of a variety of tissues from oxidative stress as they fit perfectly into cell walls.\*
- **Grape Seed Extract** – contains a very high antioxidant capacity, with over 36 different phenols, flavonoids, and other antioxidative compounds, much higher than the skin and flesh of grapes.
- **Curcumin** – potent antioxidant containing three different bioactive forms of curcuminoids from the spice turmeric; helps support a healthy inflammatory response and works synergistically with vitamin C\*
- **Resveratrol** – a well-tolerated, easily absorbed antioxidant found in berries, the skin of red grapes, and in the Japanese knotweed plant, also known as Polygonum
- **Garlic** – supports a healthy microbial balance and possesses antioxidant action that is helpful for blood vessels and vascular health\*
- **Lutein & Lycopene** – Lutein has been shown to help protect the retina from free radical damage, supporting eye health. Lycopene is a powerful antioxidant shown to protect male sex organs from oxidative stress, supporting healthy fertility.\*
- **Rosemary, Clove, Basil, Allspice & Sage** – herbal extracts that contain a variety of potent polyphenolic compounds that have powerful antioxidative properties which help support healthy aging and a healthy inflammatory response\*
- **Quercetin, Rutin, & Ginkgo Biloba** – powerful antioxidants that support healthy inflammatory responses in the body and brain\*

**Recommended Use:** Take three capsules per day with meals, or as directed by your health care practitioner.



Consult with your healthcare practitioner about your specific circumstances and any questions you may have.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (860) 623-6314, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**